



COMMISSION ON HIGHER EDUCATION

REGIONAL OFFICE III

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CHEDRO III

CHEDRO-III MEMORANDUM

No. 43, s. 2024

For : **ALL PRESIDENTS/HEADS/OFFICERS-IN-CHARGE OF HIGHER EDUCATION INSTITUTIONS IN REGION III**

Subject : **9th Regional Psychology Convention**

Date : **March 22, 2024**

This Office endorses the subject undertaking, Annual Regional Psychology Convention with the theme, "Aklap: Pagtanggap sa Sikolohiyang Sumusulong" organized by the Holy Angel University Psychology Society on April 12, 2024 from 9:00 AM – 5:30 PM at the Holy Angel University Theater.

The HAU Psychology Society is the official student organization of the HAU Psychology Department, aims to fulfill its mission of promoting mental health and psychology through its projects as it ceaselessly envisions growth and development beyond perception, profession and possibilities.

The Annual Regional Psychology Convention is an assembly of various Psychology organizations from different schools, universities or institutions across Central Luzon. Thus, this event will undoubtedly provide a great deal of contribution in shaping the characters of Sikolohista all around Region III

Relative to this, BS/AB Psychology students and faculty are invited to attend this activity which will be free of charge.

Kindly refer to the attached literature and schedule of activities for specific details.

Should there be any queries/concerns, please contact the organizers directly through psychsochau@gmail.com.

Dissemination of the contents of this Memorandum is desired.

DR. LORA L. YUSI

Director IV

Aklap

HAU Psychology Society XXI

presents

Aklap: Pagtanggap sa Sikolohiyang Sumusulong

The 9th Annual Regional Psychology Convention 2024





General Event Rules and Regulations

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ABOUT HAU PSYCHOLOGY SOCIETY

The HAU Psychology Society is the official student organization of the Holy Angel University, Psychology Department. The HAU PsychSoc aims to fulfill its mission of promoting *mental health* and *psychology* as a profession through its projects. Furthermore, the HAU PsychSoc ceaselessly envisions growth and development—*beyond perception, profession, and possibilities*—as it congregates apprentices whose principles are coherent with the organization's core values.

AKLAP: PAGTANGLAW SA SIKOLOHIYANG SUMUSULONG

This year, 2024, the 9th Regional Psychology Convention will once again be held with the title, *Aklap*. ***Aklap*** is a Kapampangan word that significantly means ***to disperse light throughout the world***. In connection with this most-awaited event, its title aims to signify the beacon of light that we represent as learners of psychology across Region 3. The convention is geared toward emphasizing the centrality of connection, interaction, and mutually beneficial fulfillment in cultivating our experiences as psychology students, as well as spreading light to the students' minds as they discover fresh learning and foster a brighter future, all through this event.

The 9th Regional Psychology Convention seeks to cultivate an environment of intellectual exchange, professional collaboration, and advocacy within the psychological community by prioritizing the dissemination of knowledge, the establishment of professional networks, and the pursuit of ongoing professional development. The 9th Regional Psychology Convention strives to equip practitioners with the tools and expertise necessary to address critical issues in the field. Moreover, by incorporating elements of enjoyment and engagement, the convention aims to foster a vibrant and dynamic atmosphere that will inspire and interest psychology students, while gearing their development into future generations of competent and dedicated professionals.



GENERAL OBJECTIVES

The 9th Regional Psychology Convention aspires to:

1. **Foster Collaboration** by facilitating knowledge exchange and teamwork among student attendees, allowing them to showcase their insights from own learning and experiences in psychology;
2. **Deepen understanding** via enhancing student comprehension of psychology as both a profession and academic discipline;
3. **Celebrate talent** to recognize and reward the outstanding abilities of diverse psychology students, boosting their confidence and potential;
4. **Promote** awareness about the importance of psychological well-being; and
5. **Build networks** to encourage the creation of relationships and collaborative projects, nurturing a platform for sharing ideas and showcasing student creativity, artistry, and innovative solutions to psychology-related issues. This fosters engagement with the field's latest advancements and its societal contributions.

LIST OF EVENTS

ACADEMIC EVENTS

The 9th Regional Psychology Convention will hold a total of four (2) academic events:

Title of Event	Type	Platform/Venue
Aslag: Dealing with Neurodivergent Individuals	Seminar	On-site HAU Theater
Akap: Learning How to Cope with World Events and Tragedies		
Mind Speak, Sprinkle and Shine: Reunion of the Giant Brains	Competition	On-site HAU Theater



Non-Academic

The 9th Regional Psychology Convention will hold a total of three (3) non-academic events:

Title of Event	Type	Platform/Venue
A Dance Battleground: Street Psych Fighter	Competition	On-site HAU Theater
Hiraya Manawari: A Duo Declamation Baring High Hopes and Harmonies	Competition	On-site HAU Theater
Lights, Camera Psyche-Action: Capturing the Hearts of Psych Stories	Competition	Online

GENERAL QUALIFICATIONS

1. The 9th Regional Psychology Convention welcomes **all eligible students from our affiliated institutions** who are currently enrolled in the Academic Year 2023-2024.
2. Participation in events will be restricted to **one (1) event** per participant to ensure equal opportunities for all.
3. Individuals serving as officers of the HAU Psychology Society are ineligible to participate. HAU PsychSoc Apprentices may join, provided they were not involved (e.g. officers in charge or assistants) in an event's organization.

GENERAL REQUIREMENTS

1. All participants must be **legitimate students** of our affiliated institutions, registered for



the Academic Year 2023-2024.

2. Upon registration, each participant is required to present a **scanned copy of their Student ID**. Failure to comply will lead to the **disqualification** of their participation in the event.

3. All partner organizations/institutions should **secure the number of required participants** for each event as stated in the partnership package agreed upon by their respective organizations. Failure to do so shall result in the employment of sanctions, if applicable.

4. Participants are expected to arrive at the venue **no later than one (1) hour** before the scheduled time.

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LINK TO THE REGISTRATION FORMS

EVENT/COMPETITION	EVENT GUIDELINES, RULES, AND REGULATIONS	LINK TO REGISTRATION FORMS
Aslag: Dealing with Neurodivergent Individuals Akap: Learning How to Cope with World Events and Tragedies	N/A	http://tiny.cc/aslagandakapseminar
Mind Speak, Sprinkle and Shine: Reunion of the Giant Brains	http://tinyurl.com/ERRQUIZBEE	http://tiny.cc/mindspeaksprinkleandshine
A Dance Battleground: Street Psych Fighter	http://tinyurl.com/ERRSTREETPSYHFIGHTER	http://tinyurl.com/dancebattleground
Hiraya Manawari: A Duo Declamation Baring High Hopes and Harmonies	http://tinyurl.com/ERRHIRAYAMANAWARI	http://tiny.cc/hirayamanawari
Lights, Camera Psyche-Action: Capturing the Hearts of Psych Stories	http://tinyurl.com/ERRPSYCH-ACTION	http://tinyurl.com/psych-action

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AMENDMENTS/REVISIONS

1. Any alterations to the event guidelines shall be implemented by the HAU Psychology Society Officers as deemed necessary.
2. These General Guidelines may be amended, as long as the relevant parties are **informed at least one (1) week in advance of any changes** that are made to particular provisions.
3. The HAU Psychology Society Officers reserve the right to reject any suggested changes and alterations that they determine are not essential. A majority vote of all HAU PsychSoc officers will decide what should be added or removed from this list of event guidelines.
4. Modifying events co-sponsored by an external organization, approval must be obtained from the respective organization. They have the autonomy to independently revise and amend the rules and regulations in their event, without requiring consent or involvement from HAU PsychSoc Officers.

DATE	DESCRIPTION	APPROVED BY	DATE	REVISIONS	APPROVED BY
01/10/2023	AMENDMENTS/REVISIONS	[Signature]	01/10/2023	1. Any alterations to the event guidelines shall be implemented by the HAU Psychology Society Officers as deemed necessary.	[Signature]
01/10/2023	AMENDMENTS/REVISIONS	[Signature]	01/10/2023	2. These General Guidelines may be amended, as long as the relevant parties are informed at least one (1) week in advance of any changes that are made to particular provisions.	[Signature]
01/10/2023	AMENDMENTS/REVISIONS	[Signature]	01/10/2023	3. The HAU Psychology Society Officers reserve the right to reject any suggested changes and alterations that they determine are not essential. A majority vote of all HAU PsychSoc officers will decide what should be added or removed from this list of event guidelines.	[Signature]
01/10/2023	AMENDMENTS/REVISIONS	[Signature]	01/10/2023	4. Modifying events co-sponsored by an external organization, approval must be obtained from the respective organization. They have the autonomy to independently revise and amend the rules and regulations in their event, without requiring consent or involvement from HAU PsychSoc Officers.	[Signature]



Aklap

SCHEDULE OF ACTIVITIES

Aklap: Pagtanggap sa Sikolohiyang Sumusulong
 The 9th Annual Regional Psychology Convention
 April 12, 2024 (Friday) | Holy Angel University Theater

PROGRAM FLOW

MORNING SESSION (9:00 AM - 12:00 PM)	
Assembly of HAU PsychSoc Officers and Apprentices, and Seminar Speakers	6:30 AM - 7:30 AM
Registration of Delegates	7:30 AM - 8:45 AM
Beginning of the Program HAU Chorale FlashMob	9:00 AM - 9:20 AM
Hosts Opening Spiels	9:20 AM - 9:22 AM
Opening Remarks Mr. Leopoldo Jaime Valdez Jr. (HAU President)	9:22 AM - 9:27 AM
SEMINAR 1	
Aslag: Dealing with Neurodivergent Individuals Dr. Mel Vinci David Cruz	9:27 AM - 10:30 AM
Introduction of Speaker	9:27 AM - 9:30 AM
Seminar Proper	9:30 AM - 10:30 AM
SEMINAR 2	
Akap nang Aklap: Learning How to Cope with World Events and Tragedies Mr. Jervis Lumanlan	10:30 AM - 11:40 AM
a. Introduction of Speaker	10:30 AM - 10:33 AM
b. Seminar Proper	10:33 AM - 11:40 AM
Question and Answer Portion with the Seminar Speakers	11:40 AM - 11:55 AM
Awarding of Certificates	11:55 AM - 11:57 AM
Hosts Closing Spiels	11:57 AM - 11:59 AM
Photo Opportunity with Speakers	12:00 PM - 12:10 PM
LUNCH BREAK (12:00 PM - 1:00 PM)	
AFTERNOON SESSION (1:00 PM - 6:00 PM)	
Assembly of HAU PsychSoc Officers and Apprentices, Event Participants, Arbitrators, and Judges	12:30 PM - 12:45 PM
Hosts Opening Spiels	1:15 PM - 1:17 PM
A Dance Battleground: Street Psych Fighter	1:17 PM - 2:20 PM
a. Discussion of Guidelines and Mechanics	1:17 PM - 1:20 PM
b. Introduction of Judges	1:20 PM - 1:23 PM
c. Event Proper	1:23 PM - 2:20 PM
Mind Speak, Sprinkle and Shine: Reunion of the Giant Brains	2:20 PM - 3:35 PM
a. Discussion of Guidelines and Mechanics	2:10 PM - 2:13 PM
b. Introduction of Arbitrators	2:13 PM - 2:16 PM
c. Event Proper	2:16 PM - 3:30 PM
Ice Breaker	3:35 PM - 3:50 PM
Hiraya Manawari: A Duo Declamation Baring High Hopes and Harmonies	3:50 PM - 4:50 PM
a. Discussion of Guidelines and Mechanics	3:50 PM - 5:00 PM
b. Introduction of Judges	3:53 PM - 3:56 PM

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c. Event Proper	3:56 PM - 5:00 PM
Intermission Number	5:00 PM - 5:05 PM
Awarding Ceremony	5:05 PM - 5:50 PM
Closing Remarks	5:50 PM - 5:55 PM
Hosts Closing Spiels	5:55 PM - 5:58 PM
Photo Opportunity of Universities	5:58 PM Onwards
END OF PROGRAM	

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