



COMMISSION ON HIGHER EDUCATION

REGIONAL OFFICE III

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APR 05 2024
CHEDRO III

CHEDRO-III MEMORANDUM

No. U6 s. 2024

**For : ALL PRESIDENTS OF STATE UNIVERSITIES AND COLLEGES (SUCs)
IN REGION III**

**Subject : SUBMISSION OF ABSTRACTS/EXECUTIVE SUMMARY IN LINE WITH THE
CONDUCT OF CENTRAL LUZON POPULATION AND FAMILY PLANNING
CONFERENCE.**

Date : April 4, 2024

This Office reiterates the letter from the Commission on Population and Development (CPD) in the conduct of the Central Luzon Population and Family Planning Conference (CLPFPC) on May 29, 2024. The conference's theme is "Advancing Population and Family Planning Strategies within the Changing Demographic Situations in the Philippines."

Relative to this, all State Universities and Colleges (SUCs) are encouraged to participate and submit oral presentations on topics related to population and family planning, including adolescent health and development. The deadline for submission on the aforementioned is April 15, 2024. Attached are the letter and sample of the executive summary for reference.

For inquiries and other details, all interested SUCs are advised to contact the Focal Persons through the information provided below:

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For the voluntary participation of all concerned.

Wide dissemination of this Memorandum is desired.

DR. LORA L. YUSI

Director IV



OL 24 - 04 - 057

April 2, 2024

DR. LORA L. YUSI

Regional Director IV

CHEDRO III

City of San Fernando, Pampanga

Dear RD Yusi:

Greetings from the Commission on Population and Development - Region III!

In accordance with the outcomes of the quarterly meeting of the Special Regional Committee on Population and Development held on March 1, 2024, and through Advisory No. OL24-03-051, the Commission on Population and Development Region (CPD) III is set to organize the Central Luzon Population and Family Planning Conference (CLPFPC). The conference, themed "Advancing population and family planning strategies within the changing demographic situation in the Philippines," is scheduled for May 29, 2024. Detailed information will follow in a separate advisory.

In connection with this event, CPD III extends an invitation to all partners from the regional line agencies and local government units for oral presentations on topics related to Population and Family Planning, including Adolescent Health and Development.

Oral presentations for the 2024 CLPFPC may encompass either research/academic papers or local projects and good practices conducted in Central Luzon between 2019 and 2023, focusing on any of the following themes:

1. Responsible Parenthood and Family Planning
2. Adolescent Health and Development
3. Population and Development

In light of this, we kindly request your assistance in disseminating this advisory to our State Universities and Colleges (SUCs), as well as schools under your supervision.

All interested presenters are urged to submit either the abstract of the academic/research paper or the executive summary of the local project/practice by **April 15, 2024**, along with their names, academic institution/organization/agency, and contact details to region3@cpd.gov.ph. **Please use the email subject line, "CLPFPC_submission_(title)_(presenter's full name)".** Presenters with accepted abstracts/executive summaries will be notified by April 18, 2024. Certificates of appreciation will be awarded to presenters at the CLPFPC.

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REPUBLIC OF THE PHILIPPINES
REGION III

COMMISSION ON POPULATION AND DEVELOPMENT (CPD)



We shall be in constant coordination with you on this matter. For any inquiries or clarifications, please feel free to contact **Mr. Adreal Denver C. Monterona** and **Ms. April M. Malonzo** at **0933 0184 757 / 0922 841 0854** or through **045-455-2002**.

Thank you for your continued support in the implementation of the Philippine Population and Development Plan of Action in the region.

Lourdes P. Nacionales
LOURDES P. NACIONALES
Regional Director

Commission on Population and
Development Region III
CONTROLLED/ORIGINAL
By: _____ Date: **APR 02 2024**

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*sample of executive summary

(title) **K2TALK: MEDIA-CENTERED EDUCATION
FOR IMPROVING ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH
KNOWLEDGE**

Angeles City, a highly urbanized area in the Philippines, continues to experience increasing numbers of pregnancies, sexually transmitted infections and abortions among adolescents. Comprehensive Sexuality Education is needed to avert not only the burgeoning cases but also their adverse consequences which, on various occasions, have already foreclosed the future of many adolescents. Focus group discussions with adolescents as participants were carried out to explore how best to improve their sexual and reproductive health knowledge. Results suggest an overwhelming preference for a media- or a video-centered education and for similarly-aged adolescents to serve as education facilitators. *K2Talk* ("It's Okay to Talk"), a set of video materials, was planned, implemented and evaluated by the presenter and the Commission on Population and Development as a result of the research findings. Using a community-based approach, *K2Talk* was introduced as an intervention to 300 in-school adolescents in Angeles City. Evaluation results revealed an improvement in the level of sexual and reproductive health knowledge among these adolescents and high levels of commitment among them to share the said knowledge with their peers as well as to delay their sexual activity. *K2Talk* underscores the importance of media-centered and community-based approach to improving life-changing knowledge.

Keywords: sexual and reproductive health knowledge, adolescents, media-based education, community-based approach

