



Republic of the Philippines
OFFICE OF THE PRESIDENT
COMMISSION ON HIGHER EDUCATION



MEMORANDUM FROM THE OFFICE OF THE CHAIRPERSON

**FOR : HEADS AND OFFICERS-IN-CHARGE OF PUBLIC AND PRIVATE
HIGHER EDUCATION INSTITUTIONS**

**CHED REGIONAL OFFICE DIRECTORS AND OFFICERS-IN-
CHARGE**

**SUBJECT : 2024 TRAINING OF TRAINERS ON THE RACE AGAINST SUICIDE
TOOLKIT**

DATE : AUGUST 7, 2024

In accordance with Republic Act (RA) No. 7722, also known as the "Higher Education Act of 1994," RA No. 11036, otherwise known as "Mental Health Act of 2018," and CHED Commission *en banc* (CEB) Resolution Number 307-2024, the Commission shall be conducting Training of Trainers Program for Suicide Prevention and Awareness in Higher Education Institutions.

The implementation of Phase I for the Training of Trainers on the RACE Against Suicide toolkit shall commence this year, 2024.

All CHED Regional Office and public and private higher education institutions are enjoined to support and participate on the RACE Against Suicide. Details of the training are attached to this Memorandum, as Annex "A".

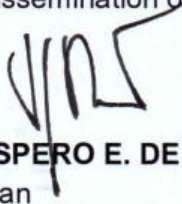
The training program is recommended for guidance counselors or designates, school doctors, nurses, teachers, school administrators, and other mental health professionals and advocates in the school. One representative for each CHED Regional Office shall also be trained. The registration of participants shall be facilitated by the CHED Office of Student Development and Services (CHED-OSDS).

Food during the training, materials/kits, and certificates shall be provided to all participants. The participating HEIs are responsible for the travel expenses and/or accommodation of representatives from the public and private HEIs.

While travel expenses and accommodation of representatives of CHEDRO shall be shouldered by CHED Central Office, subject to usual government accounting and auditing rules and regulations.

For other queries and concerns, you may contact Local Student Affairs and Services-Office of Student Development and Services (OSDS) through landline at (02) 8988-0001 or email at osds-lsad@ched.gov.ph

Wide dissemination of this Memorandum is desired.



J PROSPERO E. DE VERA III, DPA
Chairman



TRAINING OF TRAINERS FOR THE RACE AGAINST SUICIDE TOOLKIT

A. Training Schedules inclusive of travel time (Tentative)

- ❖ Visayas Cluster Iloilo City on September 17-20, 2024
- ❖ Luzon Cluster Tagaytay City on October 1-4, 2024
- ❖ Mindanao Cluster Cagayan De Oro City on October 22-25, 2024

B. Expected Participants

The registration and selection of all participants shall be facilitated by the CHED Office of Student Development and Services (CHED-OSDS). Those HEIs who participated in the quick survey disseminated through a Memorandum from the Executive Director (MOED) No. 566, s. 2024 dated July 16, 2024 shall be prioritized.

1. For HEIs:

The training program is recommended for guidance counselors or designates, school doctors, nurses, teachers, school administrators, and other mental health professionals and advocates in the school.

2. For CHEDROs:

One representative for each CHED Regional Office

C. Training Objectives:

1. Elevate the knowledge and skills of personnel assigned/designated in the guidance and counseling services of higher education institutions specifically on suicide and self-harm;
2. Increase the confidence of participants in handling preventive measures for suicide and the use of existing referral and diagnostic tools;
3. Provide the participants with an assessment tool to identify and classify students-at-risk or those that need immediate intervention;
4. Learn how to utilize tele-mental health as a medium to provide suicide risk assessment and intervention; and
5. Institutionalize mechanisms, standards, and protocols in suicide prevention and awareness.

D. Memorandum of Agreement

The participating HEIs will be entering into a Memorandum of Agreement (MOA) with the Unilab Foundation Inc. as part of the training. A copy of the template MOA can be accessed through CHED Office of Student Development and Services.



E. Expected Outputs

The participating HEIs are expected to formulate the following as their output from the training program:

1. Re-entry plans by the participants during the training. Re-entry plans may include information dissemination activities.
2. HEI policy, programs, and/or activities based on the needs of the school community in relation to mental health including protocol on how to help the parents who committed suicide

F. Other details:

1. All training materials shall be provided to the participants via digital formats.
2. All participants should bring their own laptops
3. The training sessions that will be conducted for 1.5 days.
4. Program flow shall be disseminated before the training dates.
5. Food during the training, materials/kits, and certificates shall be provided to all participants.
6. The participating HEIs are responsible for the travel expenses and/or accommodation of representatives from the public and private HEIs.
7. Travel expenses and accommodation of representatives of CHEDRO shall be shouldered by CHED Central Office, subject to usual government accounting and auditing rules and regulations.

